

**MARTIN ANDERSEN SENIOR CENTER  
SCHEDULE OF ACTIVITIES**

**(321) 631-7549  
Effective March 1, 2024**

<b>MONDAY-FRIDAY</b>	<b>TIME</b>	<b>BLDG</b>	<b>COST</b> (Member/Non-Member)	<b>CONTACT / INSTRUCTOR</b>
<b>MONDAY</b>				
Andersen Quilters	9:00-12:00	#3	\$1.00/\$2.00	Barbara Smith 639 8475
Bone Builders	9:00-10:00	#1	Donation	RSVP 321-631-2749
Busy Fingers Crafts	9:00-11:00	#3	\$1.00/\$2.00	Maryln Smoker 639-8256
Intermediate Tap	10:30-12:00	#1	\$6.00/\$7.00	Lori Wellington 632-1648
Unstructured Jam Session	9:45-12:00	#2	\$1.00/\$2.00	Michael Schuller 321-268-2013
Party Bridge	12:15-4:00	#2	\$3.00/\$4.00	Kate Redmon 513-432-7200
Belly Dance	12:30-1:30	#1	\$2.00/\$3.00	Sybil Yocum 321-241-4271
<b>TUESDAY</b>				
Art & Painting	9:00-12:00	#3	\$1.00/\$2.00	Gloria Grantmaier 321-444-9534
Morning Stretch & Exercise	9:00-10:30	#1	\$1.00/\$2.00	631-7549
Choral Group	10:00-12:00	#2	\$1.00/\$2.00	Carol McLeod 321-626-3139
Grief Counseling 2 <sup>nd</sup> & 4 <sup>th</sup> Tues	10:00-12:00	#3		Elisa Millay 253-2222
Canasta	10:00-2:00	#3	\$1.00/\$2.00	Cassie Packer 321-635-9584
Line Dancing	12:00-1:30	#1	\$2.00/\$3.00	Sistie LaCentra 636-6935
Gentle Yoga	2:00-3:00	#2	\$6.00/\$7.00	Ruby Saunders 446-7063
Tai Chi	2:00-3:00	#1	\$6.00/\$7.00	Tom Abbott 208-7148
Sit and Get Fit	6:30-7:30	#1	\$1.00/\$2.00	Jeannette White
<b>WEDNESDAY</b>				
Concert /Jazz Band	9:00 – 2:00	#2	\$1.00/\$2.00	Dorothy
Bone Builders	9:00-10:00	#1	Donation	RSVP 321-631-2749
TOPS	9:30 –11:00	#3	See TOPS	Valerie A. Alday
Writing Workshop	9:30-11:30	#3	\$1.00/\$2.00	Ina Masters 321-480-3715
Tribal Dance	11:00-12:00	#1	\$1.00/\$2.00	Rose Zeiglar
Sit and Get Fit	1:00- 2:00	#1	\$1.00/\$2.00	Jeanette White
Spanish Conversational Class	12:30- 2:30	#3	\$1.00/\$2.00	Darsi Benitez 786-355-0105
English to Spanish	12:00-1:00	#3	\$1.00/\$2.00	Lynn Nienstadt <b>if students are available</b>
<b>THURSDAY</b>				
Water Colors (Begin/Inter)	9:00-12:00	#3	\$1.00/\$2.00	Sherry Brubaker 954-496-5554
Pinochle	10:00-3:00	#3	\$1.00/\$2.00	Jane Sabler 610-955-9575 <b>if players are available</b>
Morning Stretch & Exercise	9:00-10:30	#1	\$1.00/\$2.00	631-7549
Intermediate Tap	10:30-12:00	#1	\$6.00/\$7.00	Lori Wellington 632-1648
Karaoke	11:00-3:00	#2	\$1.00/\$2.00	Mike Schuler 321-268-2013
Gentle Yoga	2:00-3:00	#3	\$6.00/\$7.00	Ruby Saunders 446-7063
Chair Stretch & Balance (2 <sup>nd</sup> & 4 <sup>th</sup> )	2:00-2:50	#1	\$1.00/\$2.00	Shelly Anderson 626-1969
Sit and Get Fit	6:30-7:30	#1	\$1.00/\$2.00	Jeannette White
<b>FRIDAY</b>				
Art & Painting	9:00-12:00	#3	\$1.00/\$2.00	Gloria Grantmaier 321-444-9534
Bone Builders	9:00-10:00	#1	Donation	RSVP 321-631-2749
Basic Line Dancing	10:30-11:30	#1	\$2.00/\$3.00	Sistie LaCentra 636-6935- <b>UNTIL January</b>
Sit and Get Fit	12:00- 1:00	#1	\$1.00/\$2.00	Jeanette White
Party Bridge	12:15-4:00	#2	\$3.00/\$4.00	Kate Redmon 513-432-7200
Spanish	12:30-2:00	#3	\$1.00/\$2.00	Steve Lumbert
Ballroom Dancing Class	2:00-3:00	#1	\$5.00/\$6.00	Barbara Bristol 452-1944

**For Shine call Janet 321-345-6061**

**SATURDAY**

*Dance 2<sup>nd</sup> & 4<sup>th</sup> Sat*      **7:00-10:00pm**    #2      **\$7.00/\$8.00**      **631-7549**

**Office Hours 9AM to 3 PM if a volunteer is available.  
New website: Mandersseniorcenter.org**

**Walking Path open 7 days a week**